

TRAC Gateball Team Drills

Name: _____ Date: _____

Drill	Score
1. Passing gate one	/10
2. Crossing over	/10
3. Touch tight to the line	/10
4. Spark tight to the line	/10
5. Bombarding	/10
6. Tapping on	/10
7. Gate touches	/20
8. Sliding to the peg	/20
	/100

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