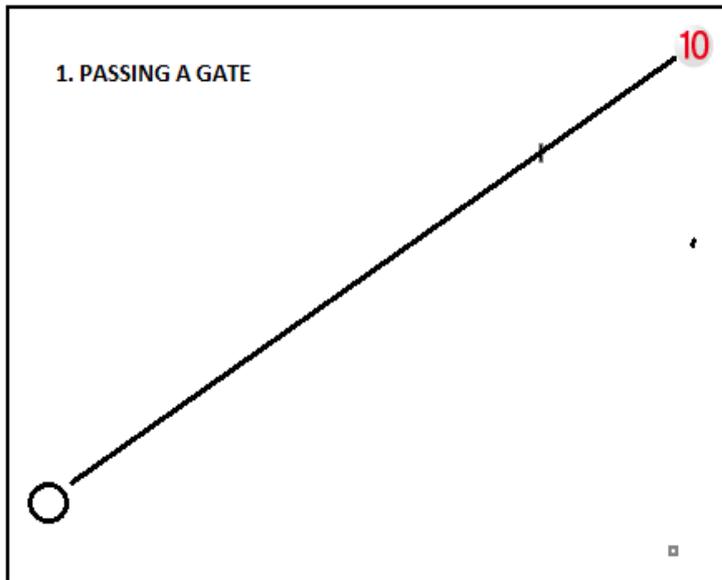


# SKILL CARDS: PASSING GATES



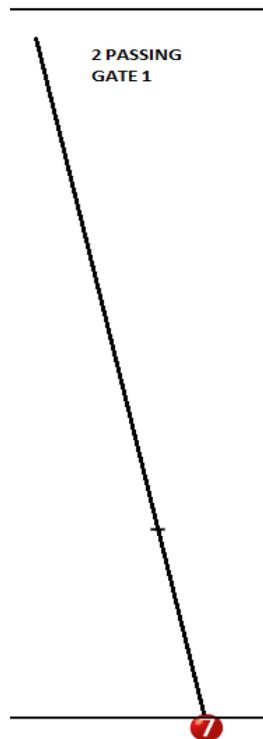
## 1. PASSING A GATE



## 1. STROKING TO PASS GATES 2&3

As shown in this picture, place a ball at 1.5m from the gate at an angle of 45 degrees and pass the gate. Vary the position along the line after 3 successive gate passes

## 2 PASSING GATE 1



## 2. STROKING TO PASS GATE 1

Stroke the ball from the right side of the Start Area through gate one. Vary the position along the start area after 3 successive gate passes

**Combination:** Combine these two skills. Run gate 1 from the right of the start area. Stroke it again to a position 1.5m and at an angle of 45 degrees as shown for the starting position in the second picture, pass gate 2.

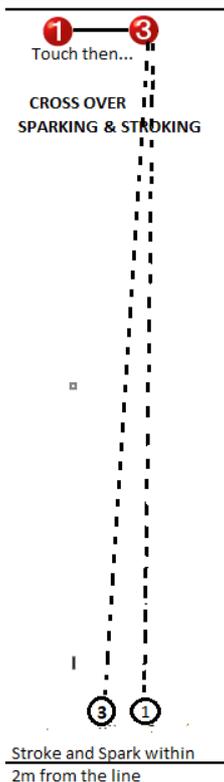
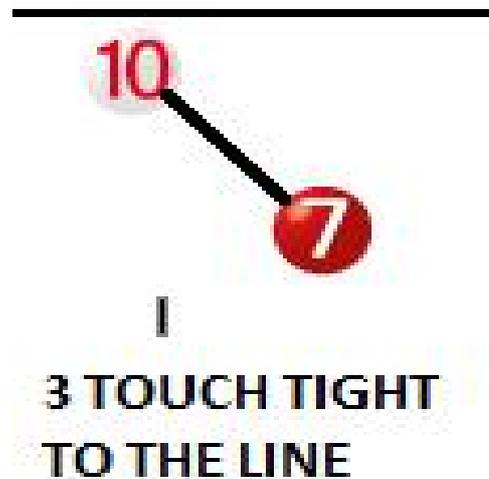
# SKILLS CARDS: TOUCHING TIGHT TO THE LINE THEN CROSS OVER STROKING AND SPARKING



## 3. STROKING TO TOUCH TIGHT TO THE LINE

Place balls as shown. Stroke a ball to touch the other ball about 20cm from the inside line. Both balls need to stay on the court.

Complete 3 times in succession and then move further from the ball on the line or place the other ball closer to the line



## 4 & 9 CROSS OVER STROKING & SPARKING

Spark a ball from one side of the court to the other, finishing within 2m of the opposite line. (Line 1 to 3 or vice versa).

Stroke the remaining ball from one side of the court to the other, finishing within 2m of the opposite line.

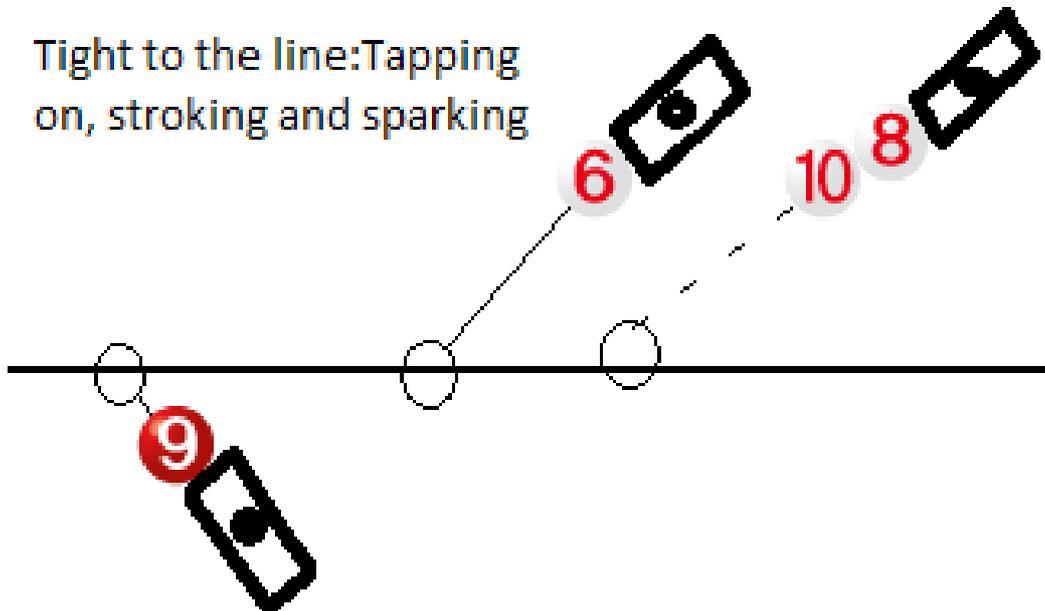
Do this successfully 3 times in succession and then reduce the target distance by .5m from the opposite line

**Combination:** Combine these two skills. Touch a ball tight to the line and spark it across the court close to the opposite line. Stroke across the court and end up near the line and the sparked ball. Bring them back again using the same steps....

# SKILLS CARDS: TIGHT TO THE LINE – STROKING, SPARKING & TAPPING ON



Tight to the line: Tapping on, stroking and sparking



## 5. TAPPING ON

Stroke an outball into play so that some part of the ball remains within 20cm of the line.

Complete 3 times and then repeat so that some of the ball still touches the line

## 6. STROKING TIGHT TO THE LINE

Place a stroker's ball 60cm from the line. Stroke the ball so that it finishes within a mallet head of the line.

Repeat three times and increase the distance from the line to 1m

## 10. SPARKING TIGHT TO THE LINE

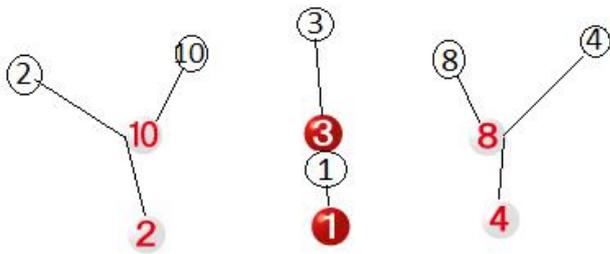
Set up a spark 60cm from the line. Spark the ball so that it finishes within a mallet head of the line.

Repeat three times and increase the sparking distance to 1m from the line

# SKILLS CARDS: SLIDING, GATES AND TOUCHES

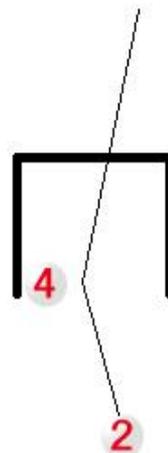


## 12. SLIDE TOUCH



Place two balls in the middle of the court. Stroke a ball to the left then repeat sliding to the right. Ball must slide at least half a metre in the designated direction. Stroke the ball to hit dead centre

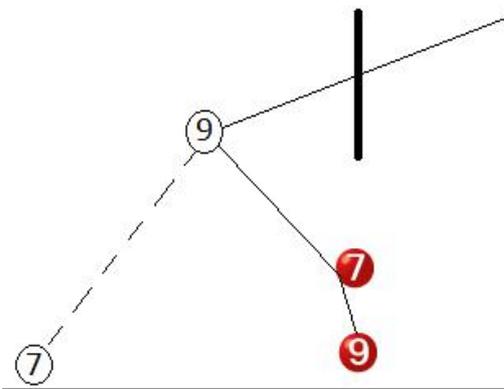
## 13. SLIDING TO MAKE A TOUCH GATE



Place a ball against a gate leg, from a distance of half a metre slide through the gate for a touch and gate.

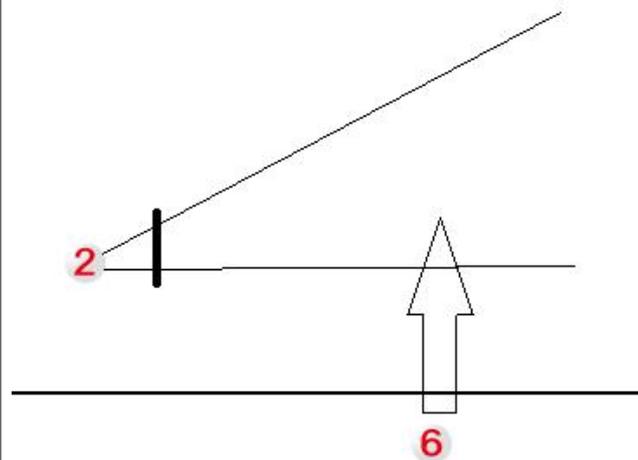
Repeat three times in succession and increase the distance from the gate to one metre. Place the target ball on the other side of the gate.

## 14. SLIDE FROM THE SIDE TO PASS THE GATE



Place two balls at the side of a gate as shown. Stroke the ball closest to the line (Ball 9) so it slides off the other ball (Ball 7) and moves into a gate running position. Spark the touched ball tight to the line in a gate running position. Run the gate. Repeat successfully 3 times in succession

## 7. SETTING UP AND MAKING A GATE AND TOUCH



Place a ball 50 cm in front of a gate. Play in an outball to set up a gate and touch. Stroke the ball in front of the gate to make the gate and touch

Repeat three times in succession and then place a ball 1m in front of the gate and repeat the process

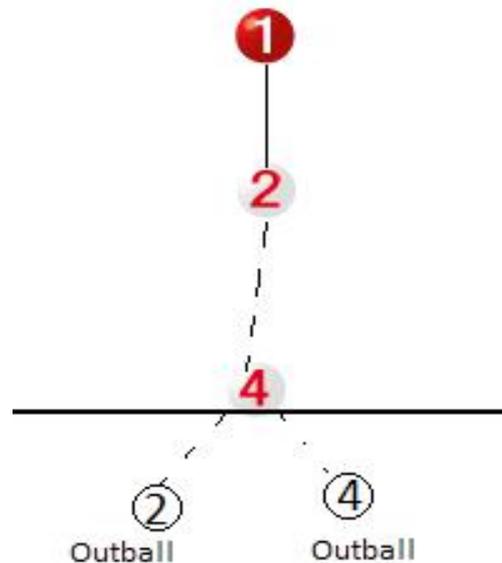
# SKILLS CARDS: SPARKING & BOMBARDING



## 8. SPARKING OUTBALLS ALL AROUND THE COURT

Place two balls about 1m apart near the middle of the court. Stroke one ball to touch the other. Spark the touched ball out of the court. In turn, spark them out near each of the four corners and near the middle of each line

## 11 BOMBARDING



Place three balls as shown. The first ball (Ball 1) should be about 1m from the line. The second ball (Ball 2) needs to be placed at half a metre from the first and the third ball (Ball 4) should be touching the line.

Stroke the first ball to touch the second and spark the second ball at the third one on the line so that both become outballs. Aim slightly off centre on the third ball or there is a risk that the sparked ball can stop dead. See how gently this can be done.