

# GATE 1 VARIATIONS

**Place 5 balls along the starting area so that two balls are close to the far left, one in the centre and two to the far right. Stroke each ball in turn. Try to place the ball close to Line 1 or Line 2 depending on the angle through the gate.**



# SPARK BALL TO AGARI

**Begin practice approx 50 cm from the centre pole. Use 2 balls to practice sparking the ball to agari. Then stroke own ball to agari. When successful by gaining two ‘agaris’, increase the distance away from the pole by 50 cm each attempt.**



# TAPPING ACROSS THE LINE

**Place 5 balls 10 cm outside the court as for an ‘outball’.**

**(Chokinggai). Tap or stroke each of these balls into the court so they are tight to the line or on the line. Practice tapping them on to the court for varying distances but endeavour to maintain them tight to the line.**



## CROSS COURT SPARKING

**Spark a ball from one side of the court to the other, Then stroke your ball to that sideline. Try to have the balls 20 cm from the line. It is good done with another person and using several balls.**



## **SLIDE TOUCH 1.**

**Start at Corner 2, 3 or 4. Use two balls to practice sliding so your striker's ball gains 3 metres in the direction of a gate.**

## **SLIDE TOUCH 2.**

**With two balls close together near gate 3, try to slide the striker's ball to reach close to Gate 2. Then vice versa.**



## **BOMBARD**

**Use 3 balls with 2 of them belonging to the same team. eg - Red. Place one of the odd numbered red balls tight to the sideline. One metre from that ball set up a sparking situation so your ball (any even numbered, white ball) sparks the other odd numbered red ball to bombard so that both red balls successfully exit the court. Now set up again 2 m distance from the sideline. Continue moving in 1 metre increments to practice ‘bombarding’.**



# SHORT SPARKING

**Start 1 metre from the edge of the court with 2 balls. Spark one ball to be tight on the line and then stroke your ball to be in the court less than 30 cm from the line. When successful, decrease the distance from the edge to 50cm to send balls close to the line. Lastly, start with both balls 25cm from the line and spark the ball tight to the line and stroke your ball also close to the line.**



## GATE AND TOUCH

**Start with two balls of the same colour on the sideline close to Gate 2 or 3. Touch a ball, spark that ball to a position in front of the gate. Next, stroke your ball to be behind the gate. Test if you have made a gate & touch by stroking the ball through the gate to touch the ball behind the gate. Practice by starting from various positions and distances.**





## TOUCH AND GATE

**Start with a ball close to or resting on the leg of the gate. Place a ball about half a metre away. Stroke that ball so that it touches the resting ball and also successfully passes through the gate. Experiment with different positions of the resting ball in front of the gate so that when touching it, your ball also passes through the gate for a “touch & gate”.**

