

# INTERMEDIATE GATEBALL SKILLS, DRILLS, TACTICS & STRATEGY



## 11 Mini Slide Fest

Toss three balls gently into the air directly behind a gate.

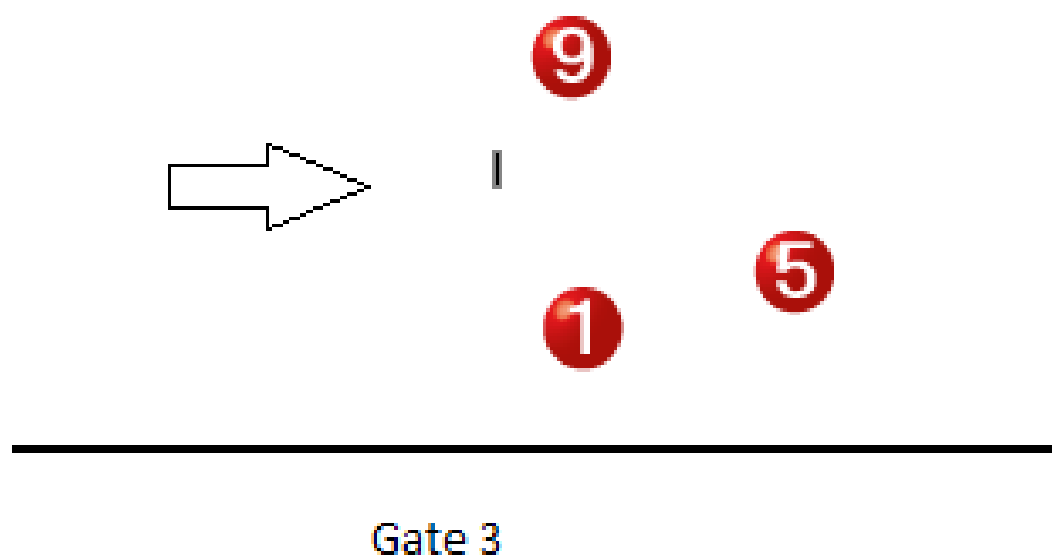
The stroker's ball is the one furthest behind the gate.

(An easier start to this activity is to start in front of the gate and work to the rear)

Use slides and sparks to

- spark **at least** one touched ball through the gate
- run the stroker's ball through the gate

(The pic shows three balls after landing. Each time the distribution of the balls will be different. In the example, play ball 5 as it is furthest behind the gate. The red arrow shows the direction for a gate pass. In this case it would be possible for ball 5 to put all 3 balls through the gate)



**Make it a game:** Players take it in turn to complete the activity. Whoever scores the most gates wins!

### Strategy & Tactics practised:

Slide Slide Slide

Making the Goal Pole

Goal Pole opportunities

Aggressive end game

Sparking your team's ball through a gate

