

Level 3 Gateball Coaching - ideas for a format

Level 3 coaches should be able to work effectively with players and captains participating in high-level competitions throughout Australia and overseas. Players and teams should be assisted so they can compete effectively with overseas teams. A level 3 coach will assist players so they can understand strategic play, contribute to team strategy as a captain or player and devise long-term development plans and drills to achieve team or player goals.

A possible skills card:

1. Play out scenarios from <http://gateball.com.au/?p=4856> . Compete with a player of a similar level. Note what happened and review where, if anywhere, your intended plays broke down. Keep notes and identify any strategic understanding or skills that need to be worked at.
2. Produce further scenarios based on situations that were a challenge. Use the template at <http://www.gateball.asia/court-app-en> Play out these scenarios in different ways. Keep notes and identify any strategic understanding or skills that need to be worked at.
3. From items 1 and 2, identify skills that need to be developed. Devise drills to address the skills. Implement your program and record an improvement in performance.

Again, at this level a player may need to refer back to level 1 or 2 skills and improve consistency of performance