

Week 3	Objectives (knowledge/skills/attitudes)	Tasks	Resources
1.	Review of people/program	Activity 1 – ‘What can we remember?’ <ul style="list-style-type: none"> • About the people? About the sport (name of game/ mallet, etc • Review what learnt last week (touching another ball what happened then, even numbers are one team and odd numbers are opposite team) • Give children information about history of where the game began and why 	2 gateball courts (one could be small size), cone markers, balls, sticks , gates, target sheets, scoreboards
2.	Warm up/ Give children particularly the younger children an easy activity which is fun <ul style="list-style-type: none"> • Ensure children know left and right arms and legs and follow instructions 	Activity 2 – These 2 games are as a means of stressing right and left hand and foot because of sparking procedure introduced today for older students. Divide into two groups Younger children - Hokey Pokey Game Children in a circle and sing as they respond to ‘Put your right hand/ left hand/ right foot/ left foot/ head in and you shake it all around.’ etc Older children Here, There and Nowhere as set out on AASC’s DVD <ul style="list-style-type: none"> • On call from coach children run ‘here’ towards the coach, ‘there’ away from the coach and ‘nowhere’ when children do an activity called out by the coach eg high five, jump high, crouch low, arms in air, etc. Change It Elicit how to make harder eg harder activity wave left arm in air, right arm, hop on one leg. Hop on left leg, right leg	Markers for game-Here There and Nowhere
3.	Practice striking ball and teaching children to go through the gate with one stroke	Activity 3 <ul style="list-style-type: none"> • Review striking the Ball <u>SSSSS</u>. • Practice hitting to partner • Practice using 1 stroke though a pair of cones placed 1 metre away Change it to make harder / easier <ul style="list-style-type: none"> • 1.5 then 2 metres apart to partner • Make the distance narrower/ wider For younger children use target sheet as well as PVC Pipes and wooden boards and hoops as for the week before.	Cone markers, PVC pipes, wooden boards, croquet hoops

Week 3	Objectives	Tasks	Resources
4.	<p>Learn the skills of “touch” and “spark”</p> <p><i>(Own ball touches another ball. Using left hand pick up ball that was touched, Put left foot on own ball. With left hand point direction where that ball is going and then place that ball beside the one under the foot. Bend knees. Stroke the ball to spark other ball away. Retain control of own ball under the foot. Make another stroke with own ball.)</i></p>	<p>Activity 4 Older children</p> <ul style="list-style-type: none"> • Explain a ‘touch’ and how it is used in playing a game. So far it has been used to gain an extra turn. • Practice hitting between pairs but a ball placed in between as the target. Call ‘touch’ when ball hits another ball. <p>Group comes together for “<u>sparking</u>” demonstration. Say aloud the steps! Mime it with the children. Step by step practice of the skill. Do sparking individually with each child having 2 balls.</p> <p>NB (For children who are left handers, take aside to do opposite instructions)</p> <p>Younger children</p> <p>In groups introduce Gateball court practice hitting through the hoops and counting the number of hits to go around the court through the gates 1-3 and to get to the peg.</p>	2 courts, balls and sticks.
5.	<p>Aussie Gateball (Simplified Gateball)</p> <p>Introduce s</p>	<p>Activity 5 – Aussie Gateball for Younger children. Introduce scoreboard. Then review questions.</p> <ul style="list-style-type: none"> • what happens if you pass through the gate; • what happens if you hit another ball; • what happens if you are out of the court. • Arrange for scorer <p>Begin game.</p> <p>Activity 5 – For older children, Aussie Gateball using idea of teamwork</p> <p>For older children, play the game Aussie Gateball but emphasise how a touch can lead to a spark, instead of just another turn. Ask them where would they send the sparked ball keeping in mind who is on their own team and where is the best place to send that sparked ball. Where would you send the opponent’s ball?</p>	Timers/ gateballs/ scoreboards
6.	<p>Finish up and review</p>	<p>Activity 6 – Walk about, talk about</p> <p>Check the scores. What was easy / difficult/ enjoy the most? Take off numbers and collect equipment and stack carefully.</p> <ul style="list-style-type: none"> • Children to walk round to collect equipment and bring back to group • Stretch tired parts of the body • Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?) 	