

<p>1.</p>	<p>Review of people/program</p>	<p>Activity 1– Last Lesson in this series. Feedback?</p> <ul style="list-style-type: none"> • What did they like best/ least? • What activity was easiest/ hardest? <p>Hand out invitations to visit Croquet Club to participate in free, planned activities.</p> <p>Review basic concepts of game</p> <ul style="list-style-type: none"> • Correct method to strike the ball • What happens when ball goes through the gate • What happens when ball hits / touches another ball • What happens when ball goes out of court? • What are fouls and how do they occur. <p>Divide into 2 groups</p>	<p>2 gateball courts (small size), markers, balls, sticks, gates, target sheets, scoreboards, extra hoops, gates, pegs</p>
<p>2.</p>	<p>Warm up/ Give children particularly the younger children an easy activity which is fun.</p>	<p>Activity 2 – Game ‘Flip It’ from AASC’s DVD</p> <p>For each group use a designated area. Organise 2 teams. Each player has a cone. The members of one team put all cones round side up but the other half put their cones with round side down. On signal, teams compete for time (45 seconds for example) to run into court, turn as many cones as possible to match the position (up or down) for their team and return to start position. Winning team is one with most cones set up their way.</p> <p>Change it.</p> <p>How to make it harder/easier? Make uneven team / make area smaller/ larger. Hop/ skip/ jump to move to cones.</p>	<p>Witches’ hats mark out the area, dome shaped markers</p>
<p>3.</p>	<p>Younger Children Target practice Practice striking ball</p> <p>Practice hitting in one hit through a small area Practice striking (touching another ball)</p>	<p>Activity 3 Younger Children</p> <p>Rotation through various activities from earlier sessions.</p> <ul style="list-style-type: none"> • hit the ball to each other using SSSSS method • hit the ball through the markers/ gates in one hit • hit the target balls (croquet or gateball) from 1 metre away. • hit marker pegs from 1 metre away • hit ball from starter cone, through all hoops of mini croquet court, to the finish marker • hit the ball onto the target sheet to get best score • sparking balls to partner or to target sheet <p>Change it</p> <p>How to make it harder/easier. Make distance longer/shorter. Make width between markers narrower/wider. Use a hoop instead of marker.</p>	<p>Hoops set up like mini croquet court, Extra gateballs and croquet balls as targets, extra gates and pegs, target sheets showing different target configuration, cones</p>

Week 7	Objectives (knowledge/skills/attitudes)	Tasks	Resources
4.	Older Children Practice skills already learned	Activity 3 <u>Older Children</u> Practice of skills <ul style="list-style-type: none"> • hitting in one hit through two markers • hitting to partner over short then long distances • hitting/ touching another ball over short then long distance • sparking over short and long distance • sparking through gates and onto goal pole • sparking to edge of court 	Markers
5.	Gateball Court	Activity 4 <u>Younger children Gateball Game</u> <ul style="list-style-type: none"> • Divide into 2 teams • Allocate numbered badges • Review gateball court, gates and progress through the gates • Review how to score a point by going through a gate • Review what to do when ball touches another ball • Allocate scorer and play game 	Smaller court, scoreboard
6.	Gateball Court	Activity 4 <u>Older Children Gateball game</u> <ul style="list-style-type: none"> • Divide into 2 teams • Allocate numbered badges • Review basic knowledge so far • Introduce tactics of team balls gathered together at edge of court. Why? • Introduce tactics of creating touch and gate or gate and touch to achieve 2 continuation strokes • Allocate scorer and play game 	Full size court, scoreboard
7.	Finish up and review	Activity 7 – Walk about, talk about Check the scores. What was easy / difficult/ enjoy the most? Take off numbers and collect equipment and stack carefully. <ul style="list-style-type: none"> • Kids to walk round to collect equipment and bring back to group • Stretch tired parts of the body • Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?) • Ensure all children have flyer inviting them and their families to Southport Croquet Club 	

Comments (Evaluation/ what next?)