

Week 5	Objectives (knowledge/skills/attitudes)	Tasks	Resources
1.	<p><b>Review of people/program</b></p>	<p><b>Activity 1 – ‘What can we remember?’</b></p> <ul style="list-style-type: none"> <li>• About the people? About the sport (name of game/ mallet ? etc)</li> <li>• Review what learnt last week. ( sparking balls into a position)</li> <li>• Review the fact that the game is a team game. Players of odd numbered balls help each other and players with even numbered balls help each other.</li> </ul>	<p>2 gateball courts (one may be a small size ), markers, balls, sticks, gates, target sheets, scoreboards, croquet hoops from garden croquet set</p>
2.	<p><b>Warm up/ Give children particularly the younger children an easy activity which is fun.</b></p> <p><b>Ensure children know left and right arms and legs and follow instructions</b></p>	<p><b>Activity 2 - Game from DVD produced by AASC “Fish in the Net”</b></p> <p>3 players form the ‘net’ by holding hands. They catch others by surrounding them. Caught players join the net and the game continues. (Play with 6 or more.)</p> <p><b>Change it</b></p> <p>Vary the size of the playing area. Vary the methods of locomotion eg. hop on left foot, skip, etc.</p> <p>Larger groups – start with two or more 3-person nets or 2 or more joining hands to be caught.</p>	<p>Markers for are for game ‘Fish in the Net’</p>
3.	<p><b>Target practice</b></p> <p><b>Practice striking ball and improving accuracy</b></p>	<p><b>Activity 3 - Adapt the Game “Corner Bowls” from AASC’s DVD</b></p> <p>1.Set up a target within a rectangular area 4 m by 3 m by placing a skittle, or rolling a ball or throwing a frisbee to a spot within the rectangle. Children will stroke their ball, in number sequence using SSSSS method, to be as close as possible to the target.</p> <p><b>Change it</b></p> <p>How to make it harder/easier? Make the rectangle larger/ smaller or object smaller/ larger.</p> <p><b>Activity 3 - Use the target sheets.</b></p> <p>Game A - Place children about 1 m away and around target sheet. Odd number balls are hit in sequence onto target. What is the score for that team? Now even numbered balls hit onto target sheet and total the score. Which team wins?</p> <p>Game B – Play the game as above but this time, let following team try to hit leading team off the target sheet to claim that score. Example -Ball 5 is on the score of 3 on the target sheet. Ball 6 strokes the ball, touches ball 5 and it is sent off the sheet but ball 6 stays there and so scores the 3 points.</p>	<p>Markers - cones.</p> <p>Target can be skittle, Frisbee, croquet ball or even big croquet peg that is spiked into the ground.</p> <p>Target sheets</p>

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4.	<b>The skill of 'Sparking'</b>	<p><b>Activity 4 - <u>Younger Children</u></b></p> <ul style="list-style-type: none"> <li>• Explain why and when you spark a ball.</li> <li>• Demonstrate the steps to it.</li> <li>• Ask children to mime it.</li> <li>• Give each a stick to pretend they have two balls.</li> <li>• Then let them try it using a partner to retrieve the ball. Swap over roles.</li> <li>• Use the target sheet to aim at for the ball that is sparked. Ensure the ball under the foot does not move.</li> </ul> <p><b>Activity 4 - <u>Older Children</u></b></p> <ul style="list-style-type: none"> <li>• Review the skill using the step-by-step practice.</li> <li>• Point out the problems or fouls that could occur if not done properly. (ball moves after spark, ball does not go more than 10 cm, stick hits ground, or shoe, etc)</li> <li>• Practice sparking to and fro with partner.</li> <li>• Practice sparking onto target sheet.</li> </ul>	Target sheets
5.	<b>Gateball Game</b>	<p><b>Activity 5 - <u>Older children</u></b></p> <ul style="list-style-type: none"> <li>• Give children numbers</li> <li>• Review Gateball Court</li> <li>• Count number of hits going around the Gateball court</li> <li>• Introduce scoreboard</li> <li>• Introduce Sparking in a game with older children</li> </ul>	Scoreboard
6.	<b>Aussie Gateball (Simplified Gateball)</b>	<p><b>Activity 6 - <u>Aussie Gateball - Younger children</u></b></p> <p>Review where the gates 1-3 are; how to go through the gates;</p> <ul style="list-style-type: none"> <li>• what happens if you pass through the gate;</li> <li>• what happens if you hit another ball;</li> <li>• what happens if you are out of the court.</li> <li>• Arrange for scorer</li> </ul> <p>Begin game. Use score board</p>	Gateballs/ scoreboards
7.	<b>Finish up and review</b>	<p><b>Activity 7 - <u>Walk about, talk about</u></b></p> <p>Check the scores. What was easy / difficult/ enjoy the most? Take off numbers and collect equipment and stack carefully.</p> <ul style="list-style-type: none"> <li>• Kids to walk round to collect equipment and bring back to group</li> <li>• Stretch tired parts of the body</li> <li>• Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?)</li> </ul>	

**Comments** (Evaluation/ what next?)