

Week 4	Objectives (knowledge/skills/attitudes)	Tasks	Resources
1.	Review of people/program	<p>Activity 1 – ‘What can we remember?’</p> <ul style="list-style-type: none"> • About the people About the sport (name of game/ mallet etc ^ • Review what learnt last week (where did the game start? Why? One ball hits or touches another ball? What happens then?) • Review gateball scoring 	2 gateball courts (one may be small size), markers, balls, sticks, gates, target sheets, scoreboards. Second set of hoops for younger children
2.	Warm up/ Give children particularly the younger children an easy activity which is fun	<p>Activity 2 – For younger children play game “Coach Says” (“Simon Says”) from AASC’s DVD</p> <p>Use actions involving feet and hands and left and right.</p> <p>- For older children play game “Number Change” from DVD produced by AASC</p> <p>Ten children form a circle with each child wearing a number badge 1-10. Choose a player to go in the middle who starts by calling 2 numbers and the players try to change position before the player in the middle takes their place.</p> <p>Change it</p> <ul style="list-style-type: none"> • Ask how we can make this harder/ easier (eg bigger / smaller circle) 	
3.	Practice striking ball and teaching children to go through the gate with one stroke	<p>Activity 3 - Older children</p> <p>Review striking the Ball using SSSSS chant.. Aim to improve in accuracy, direction and over distances.</p> <p>Place two markers fairly close together. Line children up 1 metre away. They must hit the ball through the marker in on one hit. Then hit to each other through that space varying the width and distance from the markers. Add an extra ball as a target to hit.</p> <p>Younger children. Divide into smaller groups and set up a series of activities where they have to go through gates, use the target sheets for practice and hitting another ball again aiming for accuracy and direction. Use the bigger croquet balls followed by gateballs to aim at. Use skittles to vary the fun level.</p> <p>Change it</p> <p>How to make it harder/easier</p> <p><i>Make distance longer/shorter. Make width between markers narrower/wider</i></p> <p><i>Use a hoop instead of marker.</i></p>	<p>Markers - cones. Hoops, gates, pegs</p> <p>Extra balls , extra gates, croquet hoops, target sheet and assorted items like skittles to make fun activities for younger children</p>

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4.	Gateball Court	Activity 4 – Older Children - Review Sparking <ul style="list-style-type: none"> • What are the steps? What hand and foot do we mostly use? • Practice sparking to each other • Practice sparking onto the target sheet 	Gateballs and sticks, target sheets
5.	Aussie Gateball (Simplified Gateball) Introduce scoring	Activity 5 – Gateball for older children Review <ul style="list-style-type: none"> • what happens if you pass through the gate; • what happens if you hit another ball; • what happens if you are out of the court. • Arrange for scorer Play the game incorporating the new skill of sparking Activity 5 - Aussie Gateball for younger children Review <ul style="list-style-type: none"> • what happens if you pass through the gate; • what happens if you hit another ball; • what happens if you are out of the court. • Demonstrate method of scoring • Arrange for scorer • Play this simplified game 	2 courts/ gateballs/ scoreboards
6.	Finish up and review	Activity 6 – Walk about, talk about Check the scores. What was easy / difficult/ enjoy the most? Take off numbers and collect equipment and stack carefully. <ul style="list-style-type: none"> • Children to walk round to collect equipment and bring back to group • Stretch tired parts of the body • Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What else could we do?) 	

Comments (Evaluation/ what next?)