

Week 2	Objectives (knowledge/skills/attitudes)	Tasks	Resources
1.	Review of people/program	<p>Activity 1 – ‘What can we remember?’ Hold up equipment.</p> <ul style="list-style-type: none"> • About the people; About the sport (name of game/ bat? etc. Give brief reminder about size of ball and its weight- Develop Safety Rules with children contributing ideas. • Review SSSSS chant (Stalk the ball, Sight the target, Stand, Stare, S-W-I-N-G) • Divide children into two groups - younger and older 	Gateball stick, gate, plus 1 white and 1 red ball
2.	Warm up/ Give children particularly the younger children an easy activity which is fun	<p>Activity 2 - ‘Pirates Gold’ Game from AASC’s DVD In two groups ‘Pirate’s Gold’ – a basic game where the crew try to steal the ‘gold’ while the captain’s back is turned. Change it</p> <ul style="list-style-type: none"> • Elicit how we can make this harder (eg making it a competition) 	Cone marker for perimeter for Pirate’s Gold, object that is the “gold”.
3.	Practice hitting the ball SSSSS	<p>Activity 3 – Relay using Gateballs Younger children</p> <ul style="list-style-type: none"> • practice SSSSS by hitting ball to partner • for variety children hit own ball in a circuit – through tunnels and over the bridges • use target sheets • croquet hoops set up in rows <p>Older children</p> <ul style="list-style-type: none"> • Practice SSSSS when hitting to each other. <p>Change it. Make harder – vary the distance between players</p> <ul style="list-style-type: none"> • Hit onto plastic target, • Hit through spare gates or to pieces of wood spiked into the ground. 	Gateball sticks, balls, cones, spare gates, target sheets, PVC pipes that become make believe tunnels and wooden boards that becomes a make believe bridges, large wooden dowels with nail in it become spare pegs to use for a target
4.	Introduce numbers to older children and concept of red team against white team	<p>Activity 4 – <u>Older Children</u> 10 for each instructor</p> <ul style="list-style-type: none"> • Give children number 	As above. Extra cones set up in pairs outside courts for target practice if needed.

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		<ul style="list-style-type: none"> • Hit to a target when number called. Add up score for even numbered team (white balls) as against odd numbered team (red balls) <p>Change it</p> <ul style="list-style-type: none"> • Elicit how we could make it easier/ harder (eg shorter distance/ longer distance/ to target) 	
5.	Aussie Gateball (Simplified Gateball)	<p>Activity 5 – Aussie Gateball</p> <p>Review Gateball Court</p> <p>Review where the gates 1-3 are; how to go through the gates;</p> <p>Review last week’s activity where went through each gate in sequence</p> <ul style="list-style-type: none"> • what happens if you pass through the gate? - another turn • what happens if you hit another ball? - another turn • what happens if you are out of the court? - end of turn <p>For smaller children be flexible and give them 2 strokes if unable to get though the gate with just 1 stroke, or can’t hit hard enough. Or create a smaller court using rope boundary instead of Gateball tape.</p>	2 courts, set of balls, number badges, scoreboards
6.	Finish up and review	<p>Activity 6 – Walk about, talk about</p> <p>Check the scores. What was easy / difficult/ enjoy the most? Take off numbers and collect equipment and stack carefully.</p> <ul style="list-style-type: none"> • Children to walk round to collect equipment and bring back to group • Stretch tired parts of the body • Talk about the session (What did you enjoy about today? What was easy/ hard? What would you like to do again? What other games are like this one?) 	

Comments (Evaluation/ what next?)